



Rotary Club of Rotorua

Monday 15 April 2019

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D9930 Governor

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Russell Burton

Bulletin Editor

Bob Allison

Programme Coordinator

Garth Wilson

Club Meetings

Mondays at 12.30 pm
(except public holidays)

Rotorua Golf Club,
399 Fenton Street,
Rotorua.

LAST MEETING:

Chairman – Kierin Irvine welcomed members and our guest speaker. He noted that this year is the 30th anniversary of women joining Rotary before handing over to Fergus who introduced our guest speaker -

Tatjana Smolic - JustCook4 Healthy Ageing

After working at FRI from 1998 Tatjana changed her vocation to work for the NZ Nutrition Foundation, a charity founded in 1980 to promote healthy eating. Tatjana is running JustCook4Health in Rotorua, a programme aimed at older people to encourage cooking confidence, motivation and nutrition knowledge while providing social contact. There are 8-12 people per session and it is free, to encourage attendance. Feedback from participants is very positive.



Tatjana talked about the importance of diet (and it can be a simple diet) and how our needs change as we get older. Maintaining a healthy appetite and weight is important and loss of appetite is a cause for concern. They need funding and volunteers, as well as increased awareness.

There is lots of useful and interesting information on the website -

www.nutritionfoundation.org.nz



The 1989 Council on Legislation vote to admit women into Rotary clubs worldwide followed the decades-long efforts of men and women from all over the Rotary world to allow the admission of women into Rotary.

Club Speaker – Tom Davies

With lots going on in his life to choose from, Tom gave an overview of the current life and times of Fonterra. Although the largest processor of dairy products in the world, the business is in a bit of strife. To reduce the current level of debt, the company is selling off its jewels (like Tiptop) rather than its dogs which won't help earnings growth. Tom identified poor decision making as a cause and noted the company is not on their favoured list.

For more accurate and reliable information talk to Tom – this summary cannot be relied on!

NOTICES AND REMINDERS

Bike Parts Wanted

With funding from Rotorua Trust, Rotorua Police and the Department of Corrections are working together on a project with Waikeria Prison inmates to repair/ assemble bikes for children and young people, using unclaimed bikes and donated bike parts. Donations of bike parts are sought – a public appeal will be announced.

Garth

Updated us about his involvement with planting – and now harvesting – kumara with Kai Rotorua. Kumara grow very well in Rotorua and the results were exciting.

Brett Marvelly's Marathon

Kierin noted that club members had supported Brett by \$750 so far in his marathon effort to support the Rotary Rotorua Hospice Fund managed by Geysler Foundation.

Driver Directions

Reminder that Driver Directions will be held again on Tuesday 16th and Wednesday 17th April at the Mamaku Kartsport track. We have good numbers have registered for both days and will need 7 Rotarians from 8.30am to 3.30pm to assist each day at the reversing, vehicle maintenance and truck stations as well as the kitchen for tea/coffee and BBQ lunch. Contact Ray Oakley if you can help.

Quote of the week – Ann Nicholas

"To achieve great things, two things are needed: a plan and not quite enough time"

Leonard Bernstein

(Ann's take = to achieve anything!)

"Busy people make 'to-do' lists when what they need is to reflect and create 'stop-doing lists'"

Francis Shenstone

Birthday Best Wishes

Maree Kinder – 13 April

UP AND COMING

Club meeting	15 April	22 April
Guest speaker	Russell Dale	Easter Weekend No meeting
Introduction	Kierin Irvine	
Vote of thanks	Robin Findon	
Club speaker	Bryce Dunn	
Fellowship badges	Barry Lane	
Quote of the week	Andrew Orme	
Fining officer	Roger Willard	
Room set-up (PowerPoint)	Tom Davies (Russell will bring his projector)	

Looking forward: long term view of our agenda for the year.

Date	Meeting / Event / Rotary Theme / Chair	
April	Maternal & Child Health Month	Club Meeting Chair: Kierin Irvine
7	Daylight saving ends	
8	Tatjana Smolic – JustCook4 Healthy Aging	
15	Russell Dale	
16/17	Driver Directions - Rotorua Go Kart Trust site, Mamaku	
22	No Meeting – Easter	
29	Meeting	
May	Youth Service Month	Club Meeting Chair: Russell Burton
6	Meeting	
13	Meeting	
20	Meeting	
27	Meeting	
31	Circus Quirkus	
June	Rotary Fellowships Month	Club Meeting Chair: Russell Burton
3	No Meeting – Queen’s Birthday	
10	Speech Contest	
17	Club Meeting	
24	Changeover	