



Rotary Club of Rotorua

Monday 30 March 2020

Robyn Murphy – Wellbeing Liaison

Club Directors all agree it is important for member's wellbeing to be able to keep in touch with friends and find help when they need it. We are currently working on ways for members to continue to participate in a somewhat altered club programme.

My role as Wellbeing Liaison, while the country is enmeshed in this dilemma, is to help with ways that members can stay in touch, be assured of help if needed and to encourage members to continue to feel an integral part of our Club despite the fact that we will not be able to meet as usual for some time.

To help with this I have attached a member/buddy list. The idea being each member/buddy will keep in contact with the other and either offer or **ask for help**. I have not included phone numbers or email addresses as this is already available. Apart from just keeping in touch to chat and catch up there is also the opportunity for those able to get out and about a little, to help those who are house bound. The suggestions for ways to help have already been well advertised.

Member/Buddy	
Doug Clemens	Richard Pryce
Fergus Cumming	Peter Spurdle
Bryce Dunn	Murray Patchell
Allen Foote	Denis Marriner
John Heaton	Ann Nicholas
Mark Gould	Barry Lane
Karl Meyer	Martin Kinder
Dennis Neilson	Kierin Irvine
Ian Pound	Russell Dale
Margriet Theron	Erika Raubenheimer
Garth Wilson	Roger Willard
Derek Lang	Andrew Orme
Tony Baker	Tom Davies
Ray Bloomfield	Tom Davies
Elaine Hill	Robyn Murphy
Janice Scott	Robyn Murphy
Ashwin Jaswail	Robyn Murphy

If you have any questions, concerns or suggestions please don't hesitate to email me – okareka@live.com or phone 345 3285. Robyn

World President

Mark Maloney

D9930 Governor

Peter Maxwell

President

Tom Davies

Vice President

Robyn Murphy

Immediate Past President

Russell Burton

Finance/Administration

Martin Kinder

Secretary

Russell Dale

Membership & 2nd VP

Andrew Orme

Projects

Ann Nicholas

Davies Dollars

Robyn Murphy

Officers

Facebook

Margriet Theron

Website

Murray Patchell

Archives

Russell Burton

Bulletin Editor

Derek Lang

Programme Coordinator

Garth Wilson

Club Meetings

Mondays at 12.30 pm (except public holidays)

Rotorua Golf Club,

399 Fenton Street,

Rotorua.

**CHECK FACEBOOK AND
 OUR WEBSITE**

www.rotaryrotorua.org.nz

What to do with time on your hands at home, that is if you are not working of course!

It would be interesting to know how you are filling in the time. I decided to explore a wardrobe in the spare room!

I went through the pockets of all the clothes stored there, unfortunately not finding any money just a few scribbled notes and a name tag.

I also discovered around 30 of my mother's paintings, a half built plastic model of a Harrier jet, I got stuck on the engine hinges, a plastic model of a Hawker Hurricane, not even started and a balsa free flight model of a Hurricane, also not started.

Joan and I had a doctor's consult this morning by telephone, worked well really. He sent the scripts to the pharmacy, we went to pick them up after we had had our 'flu injections in the practice carpark.

No 20 minute wait this year apparently if you react it will be within 5 minutes!!

All worked well and 3 scripts were free as we have reached our 20 items already since 01 February and are now exempt.

Virtual Meetings

Your Directors have trialled ZOOM as a meeting tool and it seems to work well, and we may trial a virtual meeting using it. Martin Kinder will be sending you a link when it is ready to go.

I gather Peter Spurdle has another angle to consider how we keep in touch so keep in touch.

Check the details of your buddy and if you aren't sure of their contact details let me know

REMEMBER

During this quarantine phase pretend you already have Covid-19 and act to protect the rest of the community.

Practise good hygiene, hand wash for 3 Happy Birthdays

Cough and sneeze into your elbow

Remain in your "bubble"

If you venture out, for exercise etc, remain 2 metres from others

March is Water & Sanitation Month (Ironically)

